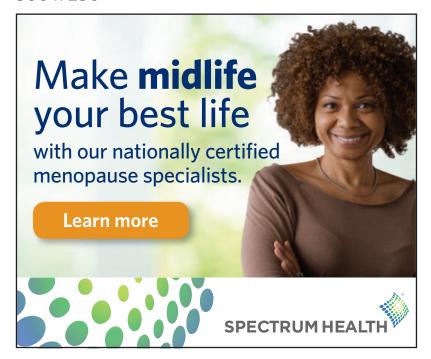
Midlife Banner | Diane's Story - Option 1





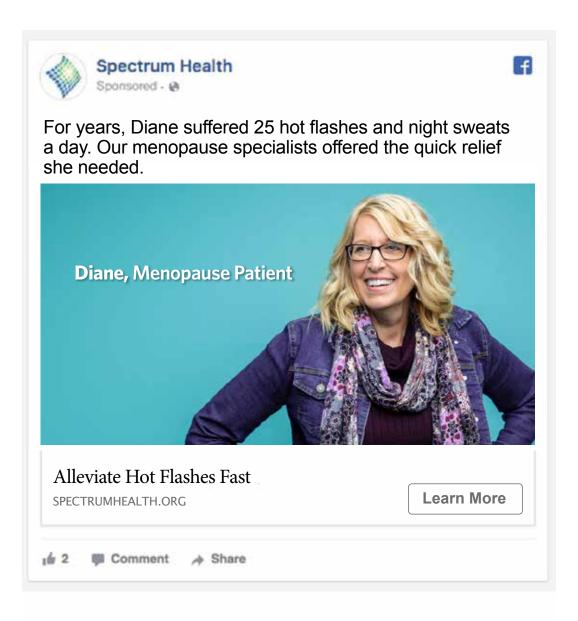
Midlife General Banner



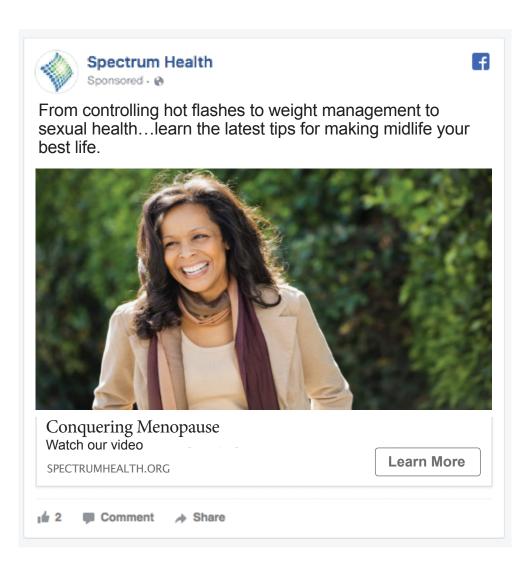




Facebook | Diane - Option 1



Facebook | Menopause Video



Midlife Radio:30



"Diane - Menopause" :30 Radio

DIANE: For 3 years, I had 25 hot flashes a day.

ANNCR: Diane, a patient in Spectrum Health's Midlife, Menopause &

Sexual Health program.

DIANE: I was miserable...until I found a menopause specialist at

Spectrum Health who helped me right away.

ANNCR: As leaders in women's health, Spectrum Health has

unique expertise in the physical, hormonal and emotional factors

that play a role as you age.

Make Midlife your best life. Watch our videos and learn

more at SpectrumHealth.org/menopause.